



**Review Article**

# **Complications in Orthognathic Surgery: A Mini Review**

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## **Abstract**

The review aimed to identify the most prevalent types of complications associated with orthognathic surgery and its possible risk factors. This study reviewed the literature on patients who underwent orthognathic surgery and the types of complications encountered. Intraoperative complications were identified, such as the occurrence of the bad split, bleeding, tissue injury, and postoperative variables such as impaired sensation, infection, and alterations in osteosynthesis systems.

**Keywords:** *Orthognathic Surgery, Complications, Malocclusion, Nerve Disturbances, Bleeding, Relapse*

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## **INTRODUCTION**

Orthognathic surgery procedures are frequently used to correct skeletal angle class II and III deformities, dento-maxillofacial deformities, mandibular laterognathia, and maxillofacial asymmetries. As with any surgical procedure, various preoperative, intraoperative, and postoperative complications may occur [1,2]. Bad splits appear as the most common complications. Modifications to the technique and the use of other osteotomy systems have been proposed as options to reduce the risk of bad splits [3].

## **COMPLICATIONS IN ORTHOGNATHIC SURGERY**

According to a study [4], overall, 73 complications were reported (rate: 1.453%). The complications recorded were infections, bleeding, cranial base fractures, pseudarthrosis, and ophthalmologic complications. According to another study [5], intraoperative complications occurred in 20 patients (8%), of which 8 had deficiencies in the orthodontic device, either by breakage or because it lost its bonding, and 10 patients with a bad split in the sagittal split osteotomy, 1 patient with increased bleeding during the surgery, 1 patient with dental injury verified during surgery, and 1 patient with damage to the lower lip. Several studies have reported similar results [6,7].

In a study, deficiency of the mandibular nerve sensitivity was the most common early postoperative complication. Overall, 33 patients (27.7%) presented with hypesthesia. Myopathy was present in 9/23 cases of single BSSO and overall, 6/22 cases of LeFort-I + BSSO. Arthropathy was revealed in 6/23 single BSSO cases and 8/22 cases following LeFort-I + BSSO [8].

Several complications are reported in orthognathic surgery, and they are varied even if they remain rare [5-9]. However, it is difficult to carry out comparative studies because of heterogeneous data regarding complications, and because of the challenges in determining the general reasons for these complications. However, according to several authors, the risk of complications is higher in syndromic patients or for those with cleft lip and palate; for others, the bimaxillary osteotomies appear to have a higher risk of complications; while for another group of practitioners, there seems to be no difference between mono or bimaxillary procedures in terms of complications [7,8,10].

A study reported the occurrence of vascular complications including ischemia or bleeding occurred between 7 to 10 days after the surgery. There was optic nerve damage, lesions of lachrymal ducts, and fractures of the cranial base [11]. There can also be pseudarthrosis, insufficient contact of the cutting area, and an unstable occlusion. There are also reports of infections of the osteotomy site, sinus dysfunction, infections, and pulmonary complications [12 -14].

According to a study, complications occurred more frequently in surgeries performed on the mandible [15]. Conduction of segmental Le Fort I osteotomy was the second most common reason for complication occurrence, as reported in a study [16]. It seems reasonable to state that the more segmentations or osteotomies that are performed, the greater the technical difficulty; consequently, there is more chance of intra and postoperative complications.

## **CONCLUSION**

It can be concluded that postoperative malocclusion, hemorrhage, inferior alveolar nerve injury, bad split, and infection are the most prevalent complications in orthognathic surgery. They seem to be related to sex, duration of surgery, number of surgeries, surgical site, and type of osteotomy performed.

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