



Case Report

Minimally Invasive Procedure for treating Trigeminal Neuralgia - A Case Report

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Abstract

Trigeminal nerve is the largest of all the cranial nerves. Disease involving the nerve can cause Trigeminal neuralgia or loss of sensory or motor function in the distribution of the nerve. Trigeminal neuralgia (TN) is a sudden, sharp, severe, intermittent, lancinating, usually unilateral facial pain in the distribution of one or more divisions of the trigeminal nerve, lasting from a fraction of a second to minutes and is triggered by trivial cutaneous or intraoral stimuli. Trigeminal neuralgia is a commonly diagnosed neurosensory disease of head, neck and face region, involving 5th cranial nerve. Peripheral neurectomy has been reported as a successful treatment by many surgeons for the treatment of trigeminal neuralgia.

Keywords: Inferior alveolar nerve, Local anaesthesia, Peripheral neurectomy, Trigeminal neuralgia.

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INTRODUCTION

Trigeminal nerve is the largest of all the cranial nerves. Disease involving the nerve can cause trigeminal neuralgia or loss of sensory or motor function in the distribution of the nerve [1]. The commonest cause is vascular compression by tortuous vessel (superior cerebellar artery). Trigeminal neuralgia is a neuropathic disorder characterized by episodes of intense pain in the face, originating from the trigeminal nerve. The mandibular branch of the trigeminal nerve is involved more commonly than the maxillary branch [2].

International Headache Society diagnostic criteria: [3]

1. Paroxysmal attacks of pain lasting from a fraction of a second to 2 min, affecting one or more divisions of trigeminal nerve and fulfilling criteria 2 and 3
2. Pain has at least one of the following characteristics
 - a. Intense, sharp, superficial or stabbing
 - b. Precipitated from trigger areas or by trigger factors
3. Attacks are stereotyped in the individual patient
4. There is no clinically evident neurological deficit
5. Not attributed to another disorders

Sweet's Criteria: [4]

1. The pain is paroxysmal
2. The pain may be provoked by light touch to the face (trigger zone)
3. The pain is confined to trigeminal distribution
4. The pain is unilateral
5. The clinical sensory examination is normal.

Carbamazepine is the drug of choice in the management of trigeminal neuralgia followed by Peripheral nerve blocks with alcohol or lidocaine in the branches of trigeminal nerve; or injecting botulinum toxin type A (Botox) into the trigger zone of trigeminal neuralgia. Surgical approaches can be targeted either on the peripheral nerve or Microvascular de compression [5].

Peripheral neurectomy is a simple surgical procedure with good success rates. This report presents a case of trigeminal neuralgia involving third division of the trigeminal nerve and the patient was treated successfully by peripheral neurectomy of inferior alveolar nerve [6].

CASE REPORT

A 65-year-old male patient reported to the Department of Oral and Maxillofacial Surgery with a chief complaint of pain in left lower tooth which was lancinating and electric shock type lasting for few minutes, triggered on washing face, travelling, eating food. The patient was not responding to carbamazepine. Diagnostic block in

inferior alveolar nerve region with 2% lignocaine with 1:80,000 adrenaline was given, the symptoms for relieved and the recurrence of the symptoms. This conformed the involvement of inferior alveolar nerve and suggestive of trigeminal neuralgia involving inferior alveolar nerve.

Under general anesthesia, Inferior alveolar nerve was approached intra orally by Dr. Ginwalla's incision and the nerve was identified (Figure 1), avulsed from the distal end. Vestibular incision in premolar region was taken; the mental nerve was identified (Figure 2) and avulsed from the mental foramen and from the soft tissues. Nerve was totally removed (Figure 3) and the wound was closed. During one year postoperative review, the patient was asymptomatic and quality of life had significantly improved.



Figure 1. Exposure of inferior alveolar nerve



Figure 2. Exposure of mental nerve

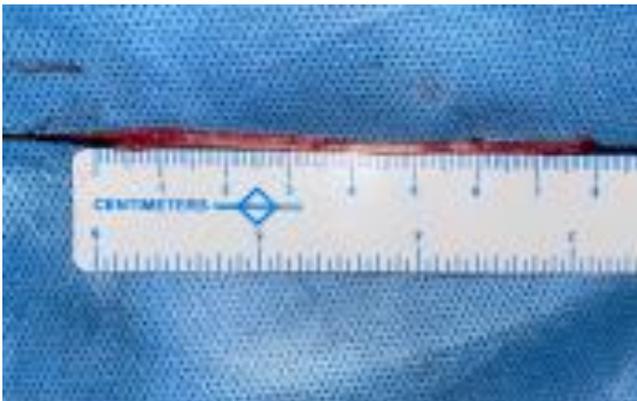


Figure 3. Avulsed nerve

DISCUSSION

Carbamazepine, is still found to be the drug of choice in the management of trigeminal neuralgia [7]. However, long term therapy with carbamazepine can lead to serious consequences like (i) hemopoietic depression (ii)

aplastic anemia (iii) abnormalities in liver functions [8]. Peripheral neurectomy is done by dividing or avulsing a peripheral branch of the trigeminal nerve, and thus the maxillofacial surgeon can achieve an exact, complete and long-lasting effect. Peripheral neurectomy can be done on the supraorbital and supratrochlear/ infratrochlear/lacrimal nerves, the infraorbital nerve and the inferior alveolar, lingual and mental nerves [9]. It is preferable in elderly and debilitated patients who are contraindicated for major neurosurgeries. Peripheral neurectomy is a preferred treatment modality for trigeminal neuralgia as it has a very minimum risk of morbidity [10].

CONCLUSION

Peripheral neurectomy provides short to medium-term good pain control. The preoperative severity of pain, anxiety, and depression levels improved markedly after the procedure. Minimal side-effects, faster postoperative recovery and good patient compliance was reported.

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